RESOURCES AVAILABLE TO COMMUNITY MEMBERS AND FRIENDS OF IWMF

Info Paks for Patients and for Medical Professionals – These contain several of our most popular publications, as well as information about joining the IWMF, and are directed to newly diagnosed WM patients and to the medical professionals who take care of them. They are available free of charge and are mailed upon request from the IWMF Home Office (phone 941-927-4963 or email (office@iwmf.com) or through our website at https://iwmf.com/iwmf-info-for-patients-and-caregivers/

Annual Educational Forum – The Ed Forum is held annually at a different location in the US and features presentations directed specifically to patients and caregivers by medical professionals who specialize in the study of WM. The Ed Forum is a valuable opportunity for WM patients and caregivers to network with each other. Slide presentations and selected videos from each year's Ed Forum are available on our website. Additional information about the Ed Forum can be found on our website at www.iwmf.com/news-and-events/iwmf-educational-forum

European Patient Forum – With its inception in 2023, This educational forum is held annually in Europe. It provides the opportunity for global patients to be updated on the most current WM research and treatment options by leading WM physicians & researchers who attend. Information about this event can be found at https://iwmf.com/iwmf-wmuk-patient-education-forum/

IWMF Website (www.iwmf.com) – Our website provides education and information about the resources and support that we provide, including a calendar of Support Group meetings and other events, a list of physicians who are knowledgeable about WM and available to offer second opinions, the ability to download many of our publications, details about our annual Educational Forum, videos from previous Educational Forums, webinars that are specific to WM, and information about our Research program. Our website is available in over 100 languages.

IWMF-Connect and Other Internet Forums – IWMF-Connect is an Internet-based discussion group in English about every aspect of WM. Information about how to join IWMF-Connect and other Internet-based WM discussion groups is available on our website at www.iwmf.com/get-support/iwmf-connect-and-online-discussion-forums. The IWMF also has a private Facebook patient group which can be accessed at https://www.facebook.com/groups/wmsupportgroup

Support Group Network and International Affiliates –IWMF Support Group Leaders are WM patients or caregivers who are dedicated to providing information and emotional support for WM patients and their families worldwide through meetings and other activities. The list of current Groups can be found at www.iwmf.com/get- support/us-and-international- support-groups.

The *IWMF Torch* – This quarterly magazine for our community includes articles about current medical research, clinical trials, conferences, personal stories, tips on healthy living, news about Support Group activities and IWMF events. *IWMF Torch* issues can be found on our website at www.iwmf.com/library/iwmf-torch.

LIFELINE – This service consists of IWMF volunteer peer mentors who answer questions about their first-hand experience with treatments for WM and other specific topics. A current list of LIFELINE topics, volunteers and their contact information can be found on our website at www.iwmf.com/get-support/lifeline-and-one-one-support.

eNEWS Alerts – These are emails on topics about WM and the IWMF sent to our community, including Waldenstrom's Weekly newsletter. You can opt-in for our eNews when you join our community.

Booklets, Pamphlets, and Fact Sheets – All of our publications are downloadable and available on our website at www.iwmf.com/library/iwmf-and-affiliate-publications. Many are translated into languages other than English.

IWMF Wellness Program- The IWMF Wellness Program was established in 2023 to strive to help WM patients and care partners thrive with a plethora of free wellness classes and webinars. Learn more here: https://iwmf.com/iwmf-wellness-programs/

IWMF YouTube Channel- Check out our many videos and subscribe here: https://www.youtube.com/c/IWMFVideos